

Girl Scout Families and Caregivers: How You Can Help

Want to play a meaningful role in your Girl Scout's experience but not sure where to start? Consider this the ultimate cheat sheet for ways to get involved—no matter how busy you may be! And remember when you help with a troop, you're not only doing the troop leader a favor but also modeling leadership for your Girl Scout.



If you have 15 minutes a week, offer to...

Organize and manage the calendar for troop snacks or carpools. There's no need to provide goodies or buckle up the Girl Scouts every week yourself! Simply helping other caregivers sign up and commit to future meeting dates will make meetings go smoothly for everyone.



If you have 30 minutes a week, offer to...

Manage troop communications for the troop leader. This can mean anything from sending texts to families to confirm meeting dates or update them with schedule changes, maintaining the troop's social presence, or organizing an old-fashioned phone tree in case of an emergency.



If you have 45 minutes a week, offer to...

Take photos or videos at meetings and Girl Scout events. Leaders are often too busy to document every exciting moment, so your help will likely be well-received. Be sure everyone has a signed photo release on file with your council before snapping and sharing images.



If you have 1–2 hours a week, offer to...

Lead part of a troop meeting or guide Girl Scouts through earning a specific badge. You can introduce them to a topic that you have special expertise in or explore a new activity and learn alongside the troop!



If you have 2–3 hours a week, offer to...

Take on the role of cookie volunteer for your troop. You'll be playing a key part in the Girl Scout Cookie Program, which raises funds for troop activities and teaches Girl Scouts financial skills, how to be confident when speaking publicly, and how to make decisions and collaborate as a group.

No matter how you contribute to your Girl Scout's troop, seeing you play an active role in their experience will give them a sense of pride! Plus, getting involved gives you something special that you're part of together, which in our busy lives are invaluable, memory-making experiences.