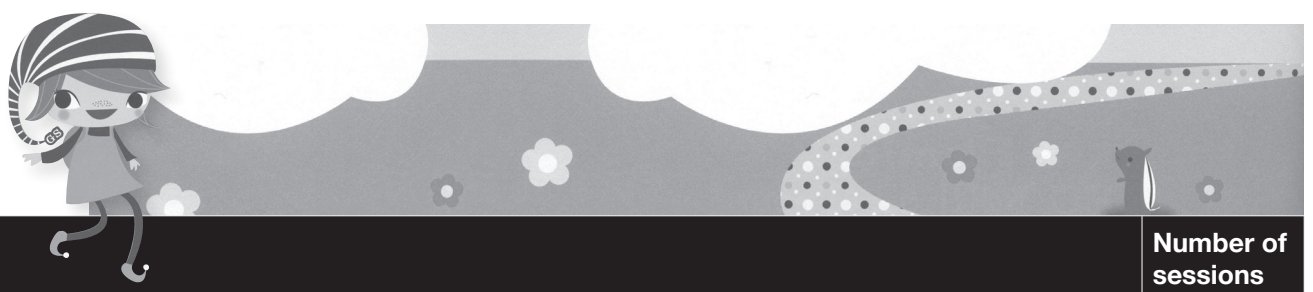


# Program Essentials

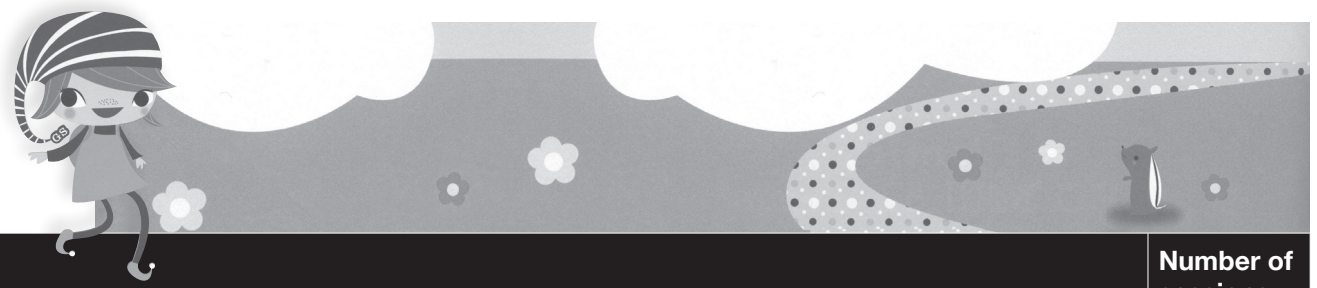
for **first-time Girl Scout Brownies**



Focus area	Activity	Number of sessions
Leadership Development	Complete Leadership Journeys 1: <i>It's Your World - Change It!</i> (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies)	6
	We completed Leadership Journeys 1 on (date):	
Taking Action (Community Service Learning Projects)	Participate in the annual council-wide Take Action project (information available in January at <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> ) <b>AND</b> Do the Take Action project in Leadership Journeys 1: <i>It's Your World - Change It!</i> <b>OR</b> Plan and do a troop Take Action project (resources: "Go Green! Girl" council program kit; "Community Service Guide for Girl Scout Brownie Leaders" council program packet)	2
	We did the following for the annual council-wide Take Action project (describe): <b>AND</b> We did the following for our other Take Action project (describe):	
Building Practical Life Skills (Career & Financial Literacy)	Do activities in the annual Cookie Program Activity curriculum from Little Brownie Bakers [in your New Troop Welcome Kit (brand-new troops) or your fall supplies (returning troops)] <b>OR</b> Earn the GSUSA Cookies Count Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies) <b>OR</b> Earn the annual GSUSA Girl Scout Cookie Sale Activity Pin (requirements at <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> ) <b>AND</b> Attend a service unit or council Cookie Rally; if you cannot, plan and do a troop Cookie Rally (use Little Brownie Bakers' "Rallies to Go" at <a href="http://www.littlebrownie.com">www.littlebrownie.com</a> ) <b>AND</b> Participate in the annual Cookie Program Activity (outside of troop meetings)— <i>build progression to selling door-to-door</i>	2
	We did the following activities/earned the following award to learn about the Cookie Program Activity: <b>AND</b> We attended the following Cookie Rally (title, date, location): <b>AND</b> Our troop sold _____ packages of cookies; our per-girl-average was _____.	
Building Outdoor Awareness & Skills	Attend a resident camp session (outside of troop meetings, but there are session options for the entire troop and for girl/adult pairs in addition to girls attending sessions individually or with a "buddy") <b>OR</b> Attend a day camp session (outside of troop meetings) <b>OR</b> Attend a council-sponsored program event (on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> , search Program Area: Outdoor Awareness) <b>OR</b> Attend a service unit "encampment" (weekend camp) <b>OR</b> Earn the Eco-Explorer Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies)	1+
	We attended the following camp session/event/encampment (title, date, location): <b>OR</b> We earned the Eco-Explorer Try-It on (date):	
Building STEM (Science, Technology, Engineering, Math) Skills	Earn the GSUSA Math Fun Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies) <b>OR</b> Attend a council-sponsored program event (on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> , search Program Area: STEM)	1
	We earned the Math Fun Try-It on (date): <b>OR</b> We attended the following event (title, date, location):	
Building Healthy Living Skills	Earn the GSUSA Eat Right, Stay Healthy Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies) <b>OR</b> Attend a council-sponsored program event (on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> , search Program Area: Healthy Living)	1
	We earned the Eat Right, Stay Healthy Try-It on (date): <b>OR</b> We attended the following event (title, date, location):	
Building Cultural Literacy Skills	Earn the GSUSA Brownie Girl Scouts Around the World Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies) <b>OR</b> Earn the GSUSA Working It Out Try-It (use River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies) <b>OR</b> Attend your service unit's Thinking Day Event <b>OR</b> Attend a council-sponsored program event (on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> , search Program Area: Cultural Literacy)	1
	We earned the Brownie Girl Scouts Around the World / Working It Out (circle one) Try-It on (date): <b>OR</b> We attended the following event (title, date, location):	

# Program Essentials

for **first-time Girl Scout Brownies**



Focus area	Activity	Number of sessions
Building Girl Scout Connections	Attend a council-sponsored program event (girls' choice) <b>OR</b> Attend your service unit's family event <b>OR</b> Attend a service unit event (girls' choice) <b>OR</b> Plan and do an activity with another troop <i>from a neighboring service unit</i>	1
	We attended the following event (title, date, location):  <b>OR</b> We planned and did the following activity with another troop (describe):	
Celebrating Girls' Accomplishments, Reflection, and Recommitment	Attend your service unit's Court of Awards—involve parents/guardians; spring register the troop for the next membership year <b>OR</b> Plan and do a troop Court of Awards—involve parents/guardians; spring register the troop for the next membership year	1
	We participated in a service unit / troop (circle one) Court of Awards on (date):	
Troop's choice	Utilize GSUSA, River Valleys, service unit, and/or community program resources	2
	We did the following activity (describe):  <b>AND</b> We did the following activity (describe):	



## The Girl Scout Leadership Experience

Program Essentials for **first-time Girl Scout Brownies**



### Welcome to Girl Scouts!

Program Essentials is the core plan that girls and leaders use to implement the Girl Scout Leadership Experience in River Valleys. The national Girl Scout Leadership Journeys curriculum is the foundation of Program Essentials, which is complemented by additional skill-building activities.

Program Essentials ensures girls have a well-rounded and consistent Girl Scout Leadership Experience with measureable outcomes.

### Important notes about Program Essentials:

- It is designed to be completed during a 9- to 12-month period.
- Both the order and pace in which your troop does the activities are flexible. (For resources on creating a schedule, refer to Leadership Essentials training.)
- The number of sessions is estimated. "Session" has a broad definition; it can happen in the form of a troop meeting, event, retreat or lock-in, field trip, ceremony, camp, overnight, outing, etc.
- The resources referenced can be found in the following locations:

Resource	Location
River Valleys' Meeting-by-Meeting Curriculum for First-Year Girl Scout Brownies	Brand-new troops: in the binder in your New Troop Welcome Kit Returning troops: can be downloaded from <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a>
Council-sponsored program events	Listed on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> (look for the purple "Program Events Search/Registration" icon at the bottom of the homepage)
Council program kits	Can be checked out from any River Valleys service center; reservations required
Council program packets	Can be downloaded from <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a>
Camp sessions	Listed on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a>
Community program resources	Listed on <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a>



### Instructions:

As your troop completes an activity, record what you did in the shaded area. At the end of the program year, fill out the Troop Information section below and submit all pages to: Girl Scouts of Minnesota and Wisconsin River Valleys, 5601 Brooklyn Boulevard, Brooklyn Center, MN 55429 or fax to: 763-535-7524. Troops that complete Program Essentials will receive a special recognition. Please submit all pages even if you did not complete Program Essentials in its entirety—all data helps River Valleys report to its funders and make future service enhancements for girls and volunteers.

### Troop Information (please print clearly)

Service unit: \_\_\_\_\_ Troop #: \_\_\_\_\_ Grade(s) of girls: \_\_\_\_\_ # Girls completed Program Essentials: \_\_\_\_\_

Troop adult contact name: \_\_\_\_\_ Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Day phone: \_\_\_\_\_

E-mail: \_\_\_\_\_