



## **August Day Camp Camp Singing Hills**

*August 10-12*

*9 a.m. – 4 p.m.*

Welcome to River Valleys' Girl Scout *Day Camp*. We are pleased that you will be joining us for three days of fun at Camp Singing Hills.

### **Arrival and Departure**

Please plan on arriving at the camp bus stop at least 10 minutes before the scheduled pick up and drop off times. Girls will arrive at camp at 9 a.m. and leave at 4 p.m.

### **Bathroom Facilities**

We have one shower house located near the dining hall for use. The camp facilities also have hot running water, showers, electricity, and flush toilets. Each unit does have a latrine nearby with flush toilets and running water.

### **Health Info**

Parents/guardians should notify our health staff of any special needs or conditions when you arrive at camp, or they should note it on your health history form. If you, or your parent/guardian, feel there is additional information we need to know, please contact the camp director at least two weeks prior to your arrival.

### **What to Bring to Camp**

Make sure to pack a sturdy pair of shoes for walking around camp. You will do a lot of walking! Personal sports equipment must have prior approval of the camp director before bringing it to camp. Campers are responsible for any and all equipment they bring to camp; neither camp nor the Girl Scouts of Minnesota and Wisconsin River Valleys is responsible for loss or damage to personal belongings. Pets and weapons of any kind are not allowed at camp. Please see the enclosed packing list for details on what to bring to Camp Singing Hills

### **Alcohol/Smoking**

River Valleys' policy states that the use of alcoholic beverages and controlled substances is prohibited on all council properties. Smoking is also prohibited on camp property.

### **Lost and Found**

Girl Scouts and camp are not responsible for items left at camp. It is best to have your name in all items. Lost items are kept approximately two weeks at camp and then sent to the closest service center closest. All unclaimed items are donated to charity if not claimed by August 31.

### **Lyme Disease and West Nile Virus**

As with any outdoor activity in the Midwest, participants run the risk of being bitten by mosquitoes, ticks, and other insects. Tick checks are part of the daily routine at camp. Parents/guardians should be aware of the symptoms of Lyme Disease and West Nile Virus. We will send home any ticks found on the camper. The Center for Disease Control (CDC) [www.cdc.gov](http://www.cdc.gov) can provide in-depth information about these conditions. Exposure to these diseases can be minimized by using an effective insect repellent (the CDC recommends using an insect repellent with DEET) and wearing long sleeves and pants when possible.

### **Severe Weather**

In case of severe weather, parents/guardians are *not* to call the camp. Camp staff is trained to handle emergencies and will be busy taking care of campers. The phone lines must be kept open for communications with local officials. Emergency shelters are located at each camp.

### **Meals**

Lunch will be served family-style in the dining hall at 12:30 p.m. Camp will provide afternoon snacks. Please let us know at least two weeks in advance if you have and special dietary needs.

### **Questions or Concerns**

If you have any additional questions, please contact:

- Cheryl Hammers, Singing Hills Director -- 507-362-4660 (after June 12)  
[Cheryl.hammers@girlscoutsrv.org](mailto:Cheryl.hammers@girlscoutsrv.org)
- Carrie Wilson, Outdoor Program Director--East 651-433-4580  
[carrie.wilson@girlscoutsrv.org](mailto:carrie.wilson@girlscoutsrv.org)
- Main Camp Number 507-362-4660
- Girl Scouts of Minnesota and Wisconsin River Valleys 800-845-0787 or [www.girlscoutsrv.org](http://www.girlscoutsrv.org)