

**uniquely ME! Program Tracking Form**

Please complete this report after each uniquely ME! session, and submit it to the adult development specialist at your local service center. This information will be used to fulfill grant reporting requirements. Please fill out the requested information to the best of your ability.

Date \_\_\_\_\_ Site/Location \_\_\_\_\_

Troop # \_\_\_\_\_ Facilitator \_\_\_\_\_

**GSUSA Program Pathway:**

- Short Term
- Troop (Traditional)
- Troop (Outreach)
- Special Interest

**Program Location:**

- School
- After school
- Service unit
- Church/Place of worship
- Other: \_\_\_\_\_

**Please fill in the number of girls served at each program level according to observed primary ethnic background:**

	Hispanic/ Latina	Black, African American	African	Asian	Native Hawaiian, Pacific Islander	Native American, American Indian, Alaskan Native	White, European American
Girl Scout Juniors							
Girl Scout Cadettes							
Girl Scout Seniors							
Girl Scout Ambassadors							

**Session Completed:**

- Session One
- Session Two
- Session Three
- Session Four


Grade level curricula: \_\_\_\_\_

**Curricula/resources used:**

- uniquely ME! The Way To Be
- uniquely ME! Inside and Out
- uniquely ME! The Real Deal
- uniquely ME! Mirror, Mirror
- other: \_\_\_\_\_

**Topics Addressed (check all that apply):**

- who I am
- dealing with emotions
- friendship
- healthy relationships
- ways to de-stress
- media
- body image
- relationships
- healthy eating
- the benefits of exercise
- body care
- expressing yourself/personal stories
- eating disorders
- other: \_\_\_\_\_

over 

**Facilitator Comments:**

Based on your experience facilitating this program, how did these activities help girls increase their sense of self esteem and self confidence?

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What recommendations, changes, additional information or additional needs do you have, if any, for making the curriculum and the activities better?

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**THANK YOU**

for participating in the **uniquely ME! GIRL SCOUT/DOVE SELF-ESTEEM PROGRAM**  
to help girls feel better about themselves by helping them develop the skills necessary  
to face life's challenges!